

# Signs and Symptoms of Breast Implant Illness

Pre-op  Post-op

Please indicate what symptoms you are experiencing by checking the associated severity box according to your illness experience. If you are not experiencing a symptom, you may leave it blank.

Symptom	Mild	Mod	Severe	Symptom	Mild	Mod	Severe	Symptom	Mild	Mod	Severe
Fatigue or chronic Fatigue				Tingling or numbness in the arms and legs				Cold and discolored hands and feet			
Cognitive dysfunction (brain fog, difficulty concentrating, word retrieval, memory loss)				Estrogen/progesterone imbalance, diminishing hormones or early menopause				Swollen and tender lymph nodes in the breast area, underarms, throat, neck, or groin			
Muscle aches, pain, and weakness				Burning pain around the chest wall or breasts				Chronic neck and back pain			
Joint pain and soreness				Skin rashes				Photo-sensitivity			
Hair loss				Frequent urination				Premature aging			
Dry skin, eyes, mouth, hair				Edema (swelling) around eyes				Nail changes (cracking, splitting, slow growth)			
Weight gain or loss				Muscle twitching				Foul body odor			
Easy bruising and slow wound healing				Fevers				Hypo/hyper thyroid symptoms			
Decline in vision or vision disturbances				Dehydration				Hypo/hyper adrenal symptoms			
Low libido				Insomnia				Depression			
Vertigo				Temperature Intolerance				Suicidal thoughts			
Night sweats				Chronic Inflammation				Anxiety, panic attacks			

Symptom	Mild	Mod	Severe	Symptom	Mild	Mod	Severe	Symptom	Mild	Mod	Severe
Mood swings, emotional instability				Slow muscle recovery after activity				Metallic taste in the mouth			
Feeling like you are dying				Ringling in the ears				Oral thrush (white tongue)			
Liver and kidney dysfunction				Gastrointestinal and digestive issues				Smell or chemical sensitivities			
Sudden food intolerances and allergies				Throat clearing, cough, difficult swallowing, choking feeling				Recurring sinus, yeast, and UTI infections			
Headaches, dizziness, and migraines				Symptoms or diagnosis of lyme disease				Symptoms or diagnosis of fibromyalgia			
Shortness of breath or heart palpitations / difficulty breathing / chest pain				New or persistent infections - viral, bacterial, and/or fungal (candida)				Skin freckling, pigmentation changes (darkening or white spots), or an increase in papules (flesh colored raised bumps)			

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_